

# Aloneness: as the Bliss of Solitude

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A couple of days ago, Kenan Malik wrote an article in the *Observer* on the challenges of living in a diverse, plural, messy society, full of disagreement and debate, with particular reference to a conflict relating to Islam. As he said, “No one has a right not to be offended. All of us have a duty to challenge bigotry. These two claims are not just compatible, they are often interconnected.”<sup>†</sup>

To peacefully resolve such paradoxes in a constructive manner, he concluded his piece by saying, “That is something we should welcome, not fear, for it is such disagreement and debate that allow us to break out of our culture-bound boxes, to engage in a wider dialogue that can help forge a more universal language of citizenship.”

Developing such a universal language is just what the creative power of Life has been guiding me to do since 1980, having been born thirty-eight years earlier in a family and culture at war with themselves. I call this transcultural, transdisciplinary science of reason *Integral Relational Logic*, which has taken the abstractions of mathematics, computer science, and information systems architecture to the utmost level of generality, based on the ontological concept of being, resolving the great existential crisis we face today.

At the root of this commonsensical system of thought lies the fundamental law of the Universe, which I call the *Principle of Unity*, stating *Wholeness is the union of all opposites*. This axiom enables us to see both sides of any situation, beyond conflict and suffering, at the heart of C. G. Jung’s healing process of individuation. Heraclitus, the Greek philosopher of change, aptly called this irrefutable, universal truth the *Hidden Harmony*, because it was hidden in the Cosmic Psyche, as it still is, from the vast majority of citizens.

As a consequence, even though some intuitively know that Consciousness is all there is and that we are all interconnected, no one fully understands how the universal language of citizenship establishes these truths rationally. I thus live as Aloneness, meaning ‘All-one’, not belonging to any particular group. This ironically turns to loneliness if I hide the blessings that I have been given in life in a desire to help.

I enjoy the Bliss of Solitude because Integral Relational Logic is the Method that integrates all knowledge in all cultures and disciplines—including the collective sub- and unconscious—into a coherent whole. It thus provides the Cosmic Context, Gnostic Foundation, and coordinating framework for the solution to the ultimate problem of human learning. By starting afresh at the very beginning, evolution has become fully conscious of itself within me, along the lines that Pierre Teilhard de Chardin and Julian Huxley foresaw in the 1950s in *The Human Phenomenon* and an essay titled ‘Transhumanism’, respectively.

So, even though everyone implicitly uses all-inclusive Integral Relational Logic every day to form concepts and classify and organize their ideas, some take umbrage because they mistakenly think that I am excluding their deeply held belief systems. For these provide many with a precious, but precarious sense of security and identity in life, leading to the fragmented, deluded society we live in today.

Although it is not now possible to intelligently transform our dysfunctional education and economic systems—free of our religious, scientific, and personal conditioning—before our inevitable demise as a species, I remain aware that in Aloneness, as Wholeness, there is nothing and no one outside me. Paul thereby disappears as an apparently separate being, enabling me to accept my lot and rest in Stillness in the Presence of the Divine in the Eternal Now, knowing that Love is the Divine Essence that we all share.

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<sup>†</sup> Kenan Malik, ‘To live in a diverse society means to live with debate. Bring it on’, *Observer*, 28th March 2021.