

Proposal for a presentation at a conference on 'Psychogenesis: The effect of mind on body, brain and experience', 13th–15th September 2019, Brighton, England, organized by the Consciousness and Experiential Psychology section of the British Psychological Society.

Psychogenesis and Creativity

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Purpose

Based on both spiritual and rational experience, to present psychogenesis as a universal creative process.

Background

Scientists and technologists are driving the pace of change in society at unprecedented exponential rates of acceleration, but there is no generally agreed theory of causality that explains why we are behaving in this ignorant way. This is primarily because such a comprehensive model of human creativity can only be developed through a holistic scientific method that is based on self-inquiry, allowing us to admit psychospiritual synergistic energies into psychology and science in a thoroughly integrated manner.

Approach

To model human creativity in general, I have introspectively generalized the transcultural, transdisciplinary modelling methods underlying the Internet through a thought experiment that starts afresh at the very beginning. To maintain the objectivity of science, I stand outside myself, witnessing my creative processes with Self-reflective Intelligence, as the eyesight of Consciousness, which provides the coherent light with which I view the structure of the Cosmos holographically.

I thereby visualize psychogenesis as the development of human cognitive processes, a natural extension of biogenesis, as the evolution of forms of life, and noogenesis, the evolution of mental structures. Looking at evolution as a whole, since the most recent bang, a simple calculation shows that evolution passed through the most momentous turning point in its history around 2004, explaining why our ignorance of how and why we behave as we do has led to the chaos we see all around us.

To bring universal order to this chaos, I have turned noogenesis, in the mechanistic, horizontal dimension of time, into psychogenesis, in the creative, vertical dimension. That is the Eternal now, unifying evolution and involution in the Stillness of Nondual Wholeness. From this Holoramic perspective, I see and sense that the entire world of form, including all the fruits of human creativity, becomes manifest through the creative power of Life, emanating directly from the Divine Origin of the Universe, like a sparkling fountain.

Conclusions

From an individual perspective, psychogenesis has healed my fragmented mind in Wholeness, initiated by an exceptional experience I passed through in 1980, enabling me to understand what the Universe is and how it is intelligently designed, thereby fulfilling a childhood dream.

However, as such a synthesis of everything has required me to question the cultural assumptions that provide many with a precarious sense of security and identity in life, it is uncertain to what extent these insights could be extended into society, as a whole. This is despite the fact that we currently face the greatest existential crisis in human history, on the brink of the sixth mass extinction of the species on Earth, for which we can only be prepared by realizing that Love is the Divine Essence that we all share.